

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday














October 2020

Memory Lane Recreation Calendar

Monday-Friday in between programs, recreation team will facilitate Facetime/Skype & Zoom calls with loved ones.

Please note that programs are subject to change.

<p>10:00 Storytime 10:30 Spiritual Corner 11:00 Bingo</p>  <p>4</p>	<p>10:00 Chair Yoga 10:35 1:1 Walks with Nirali 1:30 Exercise with Donna 11:40 1:1 Walks with Nirali 3:00 Game of Choice 6:15 Manicures and Massages Skype, Zoom and Facetime call in-between programs Mon-Fri</p> <p>5</p>	<p>10:30 Meditation with Mary 10:35 1:1 Walks with Nirali 11:00 Musical Memories 11:40 1:1 Walks with Nirali 1:30 Exercise with Donna 2:15 Bingo Skype, Zoom and Facetime call in-between programs Mon-Fri</p> <p>6</p>	<p>10:00 Chair Yoga 10:35 1:1 Walks with Nirali 11:15 Independent Activities 11:40 1:1 Walks with Nirali 1:30 Exercise with Donna 3:00 Bingo Skype, Zoom and Facetime call in-between programs Mon-Fri</p> <p>7</p>	<p>10:00 Chair Yoga 10:35 1:1 Walks with Nirali 11:40 1:1 Walks with Nirali 1:30 Exercise with Donna 2:00 This Day in History 6:15 1:1 Specialized Visits</p>  <p>8</p>	<p>10:00 Chair Yoga 10:35 1:1 Walks with Nirali 11:40 1:1 Walks with Nirali 1:30 Exercise with Donna 2:15 Bingo 3:15 Mindful coloring</p>  <p>9</p>	<p>10:45 Light Range Motions with Recreation. 11:15 Intellectual Games 1:30 Game of Choice 2:00 1:1 Walks 2:45 Bingo</p> <p>10</p>
<p>10:00 Thanksgiving Discussion Group 10:30 Spiritual Corner 11:00 Bingo</p>  <p>11</p>	<p>10:00 Thankful pumpkin Proj w/ Arthika 11:00 Thanksgiving discussion and Apple Cider No exercise today w/ Vishali 1:30 Bingo 2:30 My Octopus teacher on Netflix</p> <p>Thanksgiving Dinner <small>Columbus Day (US) Thanksgiving Day (Canada)</small></p> <p>12</p>	<p>10:30 Meditation with Mary 10:35 1:1 Walks with Nirali 11:00 Musical Memories 11:40 1:1 Walks with Nirali 1:30 Exercise with Donna 2:15 Bingo Skype, Zoom and Facetime call in-between programs Mon-Fri</p> <p>13</p>	<p>10:00 Chair Yoga 10:35 1:1 Walks with Nirali 11:15 Independent Activities 11:40 1:1 Walks with Nirali 1:30 Exercise with Donna 3:00 Bingo Skype, Zoom and Facetime call in-between programs Mon-Fri</p> <p>14</p>	<p>10:00 Chair Yoga 10:35 1:1 Walks with Nirali 11:40 1:1 Walks with Nirali 1:30 Exercise with Donna 2:00 This Day in History 6:15 1:1 Specialized Visits</p>  <p>15</p>	<p>10:00 Chair Yoga 10:35 1:1 Walks with Nirali 11:40 1:1 Walks with Nirali 1:30 Exercise with Donna 2:15 Bingo 3:15 Mindful coloring Skype, Zoom and Facetime call in-between programs Mon-Fri</p> <p>16</p>	<p>10:45 Light Range Motions with Recreation. 11:15 Puzzles and Games 1:30 Movie</p>  <p>17</p>
<p>10:00 Storytime 10:30 Spiritual Corner 11:00 Bingo</p>  <p>18</p>	<p>10:00 Chair Yoga 10:35 1:1 Walks with Nirali 11:40 1:1 Walks with Nirali 1:30 Exercise with Donna 3:00 Game of Choice 6:15 Manicures and Massages</p> <p>19</p>	<p>10:30 Meditation with Mary 10:35 1:1 Walks with Nirali 11:00 Musical Memories 11:40 1:1 Walks with Nirali 1:30 Exercise with Donna 2:15 Bingo Skype, Zoom and Facetime call in-between programs Mon-Fri</p> <p>20</p>	<p>10:00 Chair Yoga 10:35 1:1 Walks with Nirali 11:15 Independent Activities 11:40 1:1 Walks with Nirali 1:30 Exercise with Donna 3:00 Bingo</p> <p>21</p>	<p>10:00 Chair Yoga 10:35 1:1 Walks with Nirali 11:40 1:1 Walks with Nirali 1:30 Exercise with Donna 2:00 This Day in History 6:15 1:1 Specialized Visits Skype, Zoom and Facetime call in-between programs Mon-Fri</p>  <p>22</p>	<p>10:00 Chair Yoga 10:35 1:1 Walks with Nirali 11:40 1:1 Walks with Nirali 1:30 Exercise with Donna 2:15 Bingo 3:15 Mindful coloring</p>  <p>23</p>	<p>10:45 Light Range Motions with Recreation. 11:15 Intellectual Games 1:30 Game of Choice 2:00 Mindful coloring 2:45 Bingo</p> <p>24</p>
<p>10:00 Storytime 10:30 Spiritual Corner 11:00 Bingo</p>  <p>25</p>	<p>10:00 Chair Yoga 10:35 1:1 Walks with Nirali 11:40 1:1 Walks with Nirali 1:30 Exercise with Donna 3:00 Game of Choice 6:15 Manicures and Massages Skype, Zoom and Facetime call in-between programs Mon-Fri</p> <p>26</p>	<p>10:30 Meditation with Mary 10:35 1:1 Walks with Nirali 11:00 Musical Memories 11:40 1:1 Walks with Nirali 1:30 Exercise with Donna 2:15 Bingo</p> <p>27</p>	<p>10:00 Chair Yoga 10:35 1:1 Walks with Nirali 11:15 Independent Activities 11:40 1:1 Walks with Nirali 1:30 Exercise Doona 3:00 Bingo Skype, Zoom and Facetime call in-between programs Mon-Fri</p> <p>28</p>	<p>10:00 Chair Yoga 10:35 1:1 Walks with Nirali 11:40 1:1 Walks with Nirali 1:30 Exercise with Donna 2:00 This Day in History 6:15 1:1 Specialized Visits Skype, Zoom and Facetime call in-between programs Mon-Fri</p> <p>29</p>	<p>10:00 Chair Yoga 10:35 1:1 Walks with Nirali 11:40 1:1 Walks with Nirali 11:15-12:00 Halloween Discussion w/ Mary 2:15 Halloween Photo Booth and Treats (L)</p> <p>30</p>	<p>10:45 Light Range Motions with Recreation. 11:15 This Day in History 1:30 Game of Choice 2:00 1:1 Walks 2:45 Bingo</p>  <p>31</p>

