

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		11:15 New year's discussion and visits 1:00 Junk Drawer Detective 2:30 South Pacific Movie and Treats (T) <small>New Year's Day</small>	10:00 Ball toss and more 1:15 One day New year's Interviews 2:00 1:1 visits 3:00 Welcome Tea (PDR) 4:15 Trivia time 7:00 Hymn Sing With Daphne (L)	10:00 Sing Along 11:15 One Day New Year's Interviews 11:00 Town Hall(T) 2:00 Yoga Time w/ Dawood 2:15 Painting (OR) 4:00 Story Corner	10:00 Exercise Class 11:30 Therapy Dog 1:15 Dance Party Friday 3:30 Happy Hour 4:15 Music Hour	10:00 Sing Along 10:00 Bingo (OR) 10:00 Sing Along 11:00 Manicures and Massage on ML 4:15 Friendly Visits <b>Movie Andre Rieu Live at Royal Albert Hall (T)</b>
11:00 Hymn Sing 1:15 Bean Bag and Ball Fun 1:00 1:1 Exercise 2:00 Mindful Coloring 3:00 Hand Waxing 6:00 Movie Time	10:30 Stretch and Music 11:00 Story Corner 1:15 1:1 Strolls 2:00 Seasonal Painting (OR) 4:00 1:1 visits	10:00 Sing Along 11:15 Stories with Mary 1:30 Positive Pets on ML 2:00 1:1 Exercise with Dawood 3:00 Café visits and discussion 4:00 Ball Toss / Music	10:00 Exercise Class 11:00 Busy Bee 1:15 Java Music Club 2:00 Leisure Time: Music 4:00 1:1 visits	10:00 Sing Along 10:30 Adele's Story Corner 2:00 Yoga Time w/ Dawood 6:15 Billiards 7:30 Non-Denom Church (T)	10:00 Exercise Class 11:30 Therapy Dog 1:15 Dance Party Friday 1:00 1:1 Exercise 3:00 Hand Wax 3:30 Happy Hour 4:15 Music Hour	10:00 Sing Along 11:15 Discussion Group: New Year's Resolutions 1:15 Music & Ball 3:00 New Year's Party! With Darleen and the Sham Rockers 6:00 Movie Night
11:00 Hymn Sing 1:15 Bingo 2:00 Balloon Exercise 6:00 Movie Night 	10:00 Sing Along 11:00 Games and more with the students 1:15 1:1 visits and Strolls with the students. 2:30 Game of Choice 4:15 Bean Bag Toss	10:00 Sing Along 11:15 Games w/ Mary 1:00 ML Outing Science Center Movie –Early lunch 2:00 Yoga Time w/ Dawood 6:15 Remember When	10:00 Exercise Class 11:15 Balloon Exercise 1:15 Bingo 2:30 Movie Afternoon w/ Treats (T) 7:00 Hymn Sing With Daphne (L)	10:00 Sing Along 11:15 Mindful Coloring 2:00 Yoga Time w/ Dawood 2:30 Baking (OR) 4:15 1:1 visits	10:30 Catholic Services (T) 10:00 Exercise Class 11:30 Therapy Dog 1:15 Dance Party Friday 1:00 1:1 Exercise 3:00 Hand Wax 3:30 Happy Hour 4:15 Music Hour	10:00 Sing Along 11:15 Active Games 1:15 Helping Hands 3:00 Karaoke Party (T) 6:00 Movie Night 
11:00 Hymn Sing 1:15 Leisure Activities 2:00 Junk Drawer Detective 6:00 Movie Night 	11:00 Food Council(PD) 10:30 Martin Luther King Day discussion 11:30 Watts Restaurant Outing/ Shop 4:15 Music Hour <small>Martin Luther King Day Tu B'Shevat</small>	10:00 Sing Along 11:15 Stories w/ Mary 1:15 Mindful Colouring 2:00 Yoga Time w/ Dawood 3:00 Fit Mind Programs	10:00 Exercise Class 10:30 Painting Club 1:15 Java Music Club 2:00 Leisure Time: Music 4:15 Fit Mind Programs	10:00 Sing Along 11:15 Mindful Coloring 2:00 Yoga Time w/ Dawood 6:15 Musical Memories 7:30 Non-Denom Church (T)	10:00 Exercise Class 10:30 Guitar George (L) 11:30 Therapy Dog 1:15 Dance Party Friday 1:00 1:1 Exercise 3:00 Hand Wax 3:30 Happy Hour 4:15 Music Hour	10:00 Sing Along 11:15 Trivia 1:15 Bingo 2:00 Manicures and Massages (OR) 4:15 1:1 chats 6:00 Movie Night
11:00 Hymn Sing 1:15 Storytelling 2:00 Active Games 6:00 Movie Night 	10:30 Tabletop Bowling 11:15 1:1 Visits 1:15 Intellectual Games 2:30 Café Visits 4:00 Fit mind Program <small>Australia Day (observed)</small>	10:00 Sing Along 11:15 Fit Mind Program 2:00 Yoga Time w/ Dawood 3:00 Birthday Bash (T) 6:00 Give me Five	10:00 Exercise Class 11:00 Fit Mind Program 1:15 Bingo 2:00 Leisure Time: Music 4:15 Reading Club	10:00 Sing Along 11:15 Mindful Coloring 1:15 Bingo 2:00 Yoga Time w/ Dawood 4:15 What the Tune	<b>Red- Special Events Green – Outings Purple –Vendors Blue – Exercise Program</b> Recreation Director: Estelle Brown Happy New Year! 	

Estelle Recreation Director 1:1 visits provided daily by the recreation team!